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SKIN:SPA

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*Inspired by the Power of Nature.*

TREATMENT MENU  
2021

THE SKIN SPA AFRICA IS A PLACE OF  
CALMNESS, TRANQUILITY, AND WARM ZAMBIAN  
HOSPITALITY.

WE OFFER AN UNFORGETTABLE EXPERIENCE.

FROM OUR BESPOKE TREATMENTS TO  
COSMETICS & BODY PRODUCTS MADE BY SKIN  
AFRICA COSMETICS.

OUR TREATMENT MENU BOASTS A WIDE RANGE  
OF PROFESSIONAL FACE AND BODY  
TREATMENTS.

# FACIAL TREATMENTS

## HYDRATION

Cost. K 350

### HYDRATION CLASSIC FACIAL

30 MINUTES

A face treatment that includes cleansing, exfoliation, and facial massage, delivering maximum results in minimum time.

## DEEP CLEANSE

Cost. K 450

### DEEP CLEANSE CLASSIC FACIAL

40 MINUTES

A facial treatment that will purify and balance the look of problematic skin. This effective facial includes skin analysis, deep cleansing, light extractions, custom mask treatment, and gentle exfoliation combined with lymphatic drainage massage.

## MORINGA RADIANCE

Cost. K 750

### MORINGA RADIANCE FACIAL

60 MINUTES

An antioxidant-rich formulated radiance facial for all skin types. Ingredients such as Aloe Vera, dragon's blood, Mafura butter, and Acemella Orleacea 'Natural Botox' work together in hydrating and promoting healing.

## MOISTURE DETOX

Cost. K 750

### MOISTURE DETOX FACIAL

60 MINUTES

Detoxify and refine congested pores with this deep cleansing facial. A treatment with careful attention to healing and extensive extractions. A lymph drainage massage and purifying detox mask will leave your skin looking radiant.  
Recommended for Oily Skin /combination

## KIGELIA AFRICANA

Cost. K750

### KIGELIA AFRICANA FACIAL

60 MINUTES

This ultra-hydrating treatment benefits any and all skin types and ages in need of boost. With a gentle cleanse and lymphatic drainage massage and active face mask to aid in replenishing the skin with lost moisture.  
Recommended for all skin types.

## SPECIALIZED FACIAL TREATMENTS

### MORINGA ANTI

### AGEING

Cost. K 850

### MORINGA ANTI AGEING

90 MINUTES

An antioxidant-rich formulated bespoke skin facial for all skin types. Ingredients such as Aloe Vera, dragon's blood, Mafura butter, and Acmelea Orleacea 'Natural Botox' work together in hydrating and promoting healing.

- Enzyme exfoliation.
- Warm Stone facial massage.
- Hand treatment with Mask and Massage.

### ILLUMINATING

Cost. K 780

### ILLUMINATING FACIAL

60 MINUTES

A bespoke skin treatment that aids in lymphatic drainage, reducing puffiness, especially under the eye area, as well as increasing circulation which encourages natural collagen production.

- Jade Roller warm & cooling massage
- Enzyme Exfoliant & Collagen mask

### MICRODERM

### RADIANCE

Cost. K 1000

### MICRODERM RADIANCE

70 MINUTES

Diamond tip Microdermabrasion is a non-invasive treatment designed to improve the overall texture, tone and clarity of the skin while restoring the skin's elasticity. We combine it with rich detoxifying Moringa, Baobab and mango butter to create the ultimate restoring facial treatment for all skin types.

## SPECIALIZED FACIAL TREATMENTS

### 5 D FACIAL

Cost. K 1200

### 5 D FACIAL 90 MINUTES

The treatment will repair damages caused by the sun and will nourish and deeply re-hydrate the epidermis, while removing dry, dull skin and evening out tone, and reduce pore size. It will also generate new collagen, reduce pigment production, get rid of dark spots and early wrinkling. The skin will be smoother, nourished and renewed by 45%!With the 5D from Paris Facial, you will notice instant visible results which will increase over the following 24 hours. You will notice how your skin is noticeably younger, brighter & more radiant.

### HIGH FREQUENCY

ADD ON

Cost. K100

### HIGH FREQUENCY 10 MINUTES

High Frequency generates an electrical current that has a gentle and safe, oscillating oxygenating power. This high rate of oscillation produces heat and tones the skin. Can help with breakouts and with firming of the skin

# FACIAL WAXING SERVICES

## THREADING

COST K80 Per Area

## FULL FACE THREAD

Chin, Upper Lip, Cheeks, Brow Shape & Forehead

K300

## WAXING

BROWS K 80

CHIN K 80

UPPER LIP K 60

## TINTING

BROW TINT K80

LASH TINT K80

# TEEN FACIAL TREATMENTS

## 12-16 YEARS OLD

### CLEAR START

### FACIAL

Cost. K 450

### CLEAR START FACIAL

60minutes

This treatment begins with an evaluation of skin's current condition and followed by a cleansing. Gentle Exfoliation to polish away impurities and steam to soften skin. Which is followed by an customized gentle mask excellent for calming the skin and instant radiance.

### ACNE TREATMENT

Cost. K 520

### TEEN ACNE TREATMENT

60 MINUTES

This specialised facial treatment incorporates a customised deep cleanse facial treatment with extractions to decongest the pores which is followed by High-Frequency Therapy reduce break outs and balance and heal the skin. Gentle and effective for all skin types especially oily and breakout-prone skin.

# MASSAGE TREATMENTS

## WARM OIL BACK & NECK MASSAGE

30 minutes K280

45 minutes K350

60 Minutes K420

## HEAD & NECK MASSAGE

30 MINS K250

## FOOT MASSAGE

30 MINS K220

## HOT STONE FOOT MASSAGE

30 MINS K260

## DETOX FACIAL MASSAGE

30MINUTES K250

## HOT STONE BACK & NECK MASSAGE

30mins K300

45mins K360

60mins K420

## STRESS RELIEF MASSAGE

60mins K450

90mins K 540

## DEEP TISSUE MASSAGE

60mins K500

90mins K580

## HOT STONE MASSAGE

60mins K520

90mins K600



# BODY TREATMENTS

## AROMA INTENTIONS

Cost. K550

## AROMA INTENTIONS

90 minutes

Featuring intention-specific blends designed to calm, stimulate, or replenish the body, mind and spirit, this experience gentle massage techniques with essential oils sourced from our range of exclusive Spa Range.

Choose from:

Relaxing

Fatigue Relief

## SKIN GLOW

Cost. K 800

## SKIN GLOW

90 MINUTES

This pampering treatment for face and body leaves the skin radiant with a completely natural body polish. Followed by a wonderful hydrating body moisturiser ,back &neck massage and a SKIN customised face treatment.

- Body Scrub
- Classic Facial
- Back & Neck Massage

## HEART OF AFRICA

Cost. K 600

## HEART OF AFRICA

75 MINUTES

Applying techniques adapted from healing traditions around Africa such as Zambia own UKUCHINA, this massage combines acupressure points and soothing warmth of compress towels and stone therapy. A relaxing treatment perfect for relieving stress and soothing tight muscles.

# BODY TREATMENTS

## COFFEE & MINT

Cost. K 600

## COFFEE & MINT BODY WRAP

70 minutes

Re-Energize with this revitalizing body wrap. A coffee espresso exfoliation prepares your skin for stimulating coffee mint wrap. This treatment will leave you feeling fresh and awakened while improving circulation and revitalizing the senses.

## ENZYME

Cost. K 650

## ENZYME BODY WRAP

70 MINUTES

Uplift the senses with this specialized body wrap. A gentle cranberry and pomegranate exfoliation prepare's your skin for this stimulating enzyme wrap infused with a beneficial activator. This treatment will leave you feeling fresh and awakened while brightening and improving uneven skin tone.

## BODY BUFF

Cost. K 400

## BODY BUFF

45 MINUTES

A natural combination of gentle exfoliants, extracts, and essential oils are used in this stimulating treatment. Add on to any body treatment or as a stand-alone treatment with a hydrating body lotion application.

# HANDS & FEET TREATMENTS

SPA MANICURE K 200

WITH GEL K 380

SPA MANICURE

30 to 45 minutes

Functional nail care for those on the go. Perfect for those who have regular manicures. Nails are shaped, cuticles cleaned, and a moisturizer applied. The treatment is completed with the application of a polish to the nails.

SPA PEDICURE K 300

WITH GEL K 480

SPA PEDICURE

45 to 60 minutes

Functional nail care for those on the go. Perfect for those who have regular manicures. Nails are shaped, cuticles cleaned, and a moisturizer applied. The treatment is completed with the application of a polish to the nails.

LUXE MANICURE K 260

WITH GEL K 440

LUXE MANICURE

60 to 75 MINS

Our premium manicure experience. Your hands will be pampered with a calming foot soak, exfoliator, massage cream, hydration mask, and paraffin wax leaving the skin smooth and radiant. Conclude this deliciously extravagant manicure with a polish application.

LUXE PEDICURE K 350

WITH GEL K 530

LUXE PEDICURE

60-75 MINS

Our premium pedicure experience. Your feet will be pampered with a calming foot soak, exfoliator, heel buff, massage cream, hydration mask, and paraffin wax leaving the skin smooth and radiant. Conclude this deliciously extravagant pedicure with a polish application.

CALLUS PEDICURE K 400

WITH GEL K 580

CALLUS PEDICURE

60-75 MINS

Our premium pedicure experience. Your feet will be pampered with a calming foot soak, exfoliator, heel buff, massage cream, hydration mask, and paraffin wax leaving the skin smooth and radiant. Conclude this deliciously extravagant pedicure with a polish application.

# HANDS & FEET TREATMENTS

## HAND & FOOT

### REVIVAL

Cost. K 420

## HAND & FOOT REVIVAL

60 MINUTES

An indulgent treatment for your hands and feet. An exfoliation to both hands and feet is applied to cleanse and ground your senses. A relaxing massage is then applied to the calf and feet and hands to promote deep relaxation and well-being to the body. To end your journey and renew, an application of a peppermint foot mask and baobab hand mask will reset your senses.

## SOLE MANICURE

Cost. K 400

## SOLE MANICURE

75 MINUTES

This hand and arm treatment start with a classic spa manicure involving all the necessary procedures, followed by a moisturizing scrub. A 15minute hot stone massage is then applied to the forearm and hands to promote deep relaxation and well-being to the body, to top it all off a stimulating hand mask is applied. This deliciously extravagant manicure ends with a polish application.

## SOLE PEDICURE

Cost. K 400

## SOLE PEDICURE

75 MINUTES

This foot and leg treatment starts with a classic spa pedicure involving all the necessary procedures, followed by a moisturizing scrub. A 15minute hot stone massage is then applied to the calf and feet to promote deep relaxation and well-being to the body, to top it all off a stimulating foot mask is applied. This deliciously extravagant pedicure ends with a polish application.

## NAIL / COLOUR ENHANCEMENTS

ACRYLIC SOAK OFF K150

GEL SOAK OFF K 60

ACRYLIC MAINTENANCE K250

GEL POLISH APPLICATION K 200

ACRYLIC OVERLAY K 250

SHAPE & PAINT K100

WITH GEL K400

ADD ONS

ACRYLIC TIPS K300

FRENCH PAINT K30

WITH GEL ADD ON K 450

FRENCH GEL PAINT K40

PARAFFIN WAX ADD ON K40

STICK ONS K 200

WITH GEL COLOUR K320

# WAXING

NECK K80

CHEST K80

UNDERARMS K120

BIKINI (SIDES) K220

FRENCH BIKINI K250

G-STRING K280

BRAZILIAN K350

HOLLYWOOD K400

FULL LEGS K350

3/4 LEGS K300

HALF LEGS K250

LOWER STOMACH K100

FULL STOMACH K150

FULL ARMS K200

HALF ARMS K150

10% OFF 5 OR MORE WAXING SERVICES.